

Name: Colton Merrill, ATC, CPT		Grading Quarter: 3	Week 3 Beginning:
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	No School Presidents day	Academic Standards:
Tuesday	Notes:	<p>Objective: Define terms relating to taping and bandaging. Identify supplies and equipment used in taping and bandaging</p> <p>Lesson Overview: L 1 Taping and Bandaging</p>	<p>Academic Standards: 5.5 6.4</p>
Wednesday	Notes:	<p>Objective: Define terms relating to taping and bandaging. Identify supplies and equipment used in taping and bandaging</p> <p>Lesson Overview: L 2 Elastic Wraps</p>	<p>Academic Standards: 5.5 6.4</p>
Thursday	Notes:	<p>Objective Review anatomy of the Hip and shoulder. Define indications and contraindications to using elastic wraps. Be able to point out anatomical landmarks. Learn actions of muscles that are commonly strained.</p> <p>Lesson Overview: L 3 HIP SPICAS - L 4 Shoulder Wrap</p>	<p>Academic Standards: 5.5 6.4</p>

Friday	Notes:	<p>Objective:</p> <p>Review anatomy of the Hip and shoulder.</p> <p>Define indications and contraindications to using elastic wraps.</p> <p>Be able to point out anatomical landmarks.</p> <p>Learn actions of muscles that are commonly strained.</p> <p>Lesson Overview:</p> <p>L 3 HIP SPICAS -</p> <p>L 4 Shoulder Wrap</p>	<p>Academic Standards:</p> <p>5.5</p> <p>6.4</p>
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